

## LAUREN'S AV RIDER

Having the right audio visual set up is critical to Lauren's presentation, especially the video, which captures the emotion of the Olympic Games and sets the scene for the rest of the presentation.

AV will be discussed in the briefing but if you have any questions please sing out.

Lauren's presentation requires:

- high definition screen projector
- good quality audio system
- lapel or headset microphone
- ability to play PowerPoint (not required for every presentation)

Lauren uses an introduction video as part of her talk. You can download it from the Resources section of her website [laurenburns.com](http://laurenburns.com) or she send directly. Video is titled: Olympic Final and Games Highlights

Workshop: Lauren uses music – “Kung Fu Fighting”

On stage, it's preferable if the stage area is free of a centred lectern