

# LAUREN BURNS

# MC

- | PhD
- | OLYMPIC GOLD MEDALLIST
- | NATUROPATH & NUTRITIONIST
- | AUTHOR
- | SPEAKER



## BOOK LAUREN TO MC OR HOST YOUR NEXT EVENT

Having spent many years delivering engaging, entertaining and memorable keynote talks in Australia and around the world, Lauren has also developed as a wonderful conference and event MC and host.

Her warm and relaxed style ensures any audience will enjoy their event experience. Lauren also brings many years of her own event experience to the stage as she professionally delivers as an MC.

She will take the time to understand your event beforehand and ensure she is adaptable on the day to deal with any last minute changes. Being an Olympic Gold medallist as well, she can add in her own personal stories as needed to fit with your program.

**Having Lauren as part of our team will ensure your audience will never forget your event!**



LB

*Lauren was an absolute pleasure to work with – she took the time to understand our event, communicate with our team beforehand and on the night was able to read the vibe in the room exceptionally well. Throughout the evening Lauren was able to seamlessly navigate any changes to schedule or tweak the script as she went. Through personal anecdotes Lauren engaged with our guests and was able to inject her own personality and warmth into the evening. I wouldn't hesitate to recommend Lauren for your next event.*

**Australian Sports Commission  
Sport AUS Media Awards**